

SC Companies Inc: Let's Clean a Bathroom

By: Jennifer L. Osborn MBA, GC, CMI, AMRT, WRT, TSC
CEO/Owner

SC Companies Inc.



Step One: Gather equipment and materials.

- Foaming disinfectant spray
- Disinfecting liquid spray
- Abrasive liquid or powder
- Glass cleaner
- Equipment
- Vacuum
- Two buckets (one for chemicals and equipment and the other for water (mop bucket))
- Two sponges different colors (one for toilet + floor and one for everything else)

- Old toothbrush- scrub tight areas
- Toilet brush
- Scour pad
- Scrub brush
- Gloves cleaning cloths- I prefer washable cloths. Paper towels can be used but never flushed.
- Two old floor mats or towels.
- Music

Step Two: Set the mood- Put on good music and turn it up!!!

Step Three: Start Cleaning

1. Remove all bathing towels and washcloths to be laundered as usual.
2. Vacuum flooring and baseboards. Take out trash.
3. Place floor mats/towel directly outside the bathroom. One will be where you catch dirt, place mop bucket, equipment, and chemicals during cleaning, wipe feet as needed. The other mat is placed directly to the left or right of entrance and is used to store cleaned content. Content is your stuff on counters and in shower soap dispenser, shampoo, q-tip holder, makeup mirror, etc
4. Put on gloves. Read labels on any new products you are using.
5. Spray disinfecting spray on cleaning cloth or directly on content and wipe all content on vanity, toilet lid, floor, shower, etc... Toilet plunger and toilet brush can stay in the bathroom, we will clean those when we clean the floor. Move content onto floor mat/towel outside bathroom.

Now you have a work space ready for cleaning. Hard/non-porous surfaces. Time to Scrub.

6. Spray vanity, toilet, shower, tub, door knobs, fixtures, etc... with foaming disinfectant spray. Get good coverage of all areas. Foam helps determine where you have sprayed and holds in place on vertical surfaces longer. I lightly spray light switches so as not to soak but allow the chemical to work. Note: I do not recommend to spray directly on any wood products, wipe those separately with wood cleaning products. Now we wait- Remember Dwell times. :)
7. During Dwell time, this is when I clean the windows and lights in the bathroom. During this time I also clean shower pan and tub floor. I use an abrasive cleaner along with a scour pad, scrub brush,

and tooth brush to scrub the floor of shower and tub. This process is always challenging and requires the most elbow grease. I do not rinse. I scrub and let it set.

8. Dwell time over working from top down, I scrub shower walls, shower doors (with foam spray and sponges no abrasives) and tub, I clean the shower and tub floor one more time. Rinse with shower head or a rinse cup. I fill up my mop bucket with at least two gallons of water and add the recommended amount of disinfecting solution set aside.

9. I scrub the sink and wipe clean with cleaning cloths treated with disinfecting multi surface spray, again top down.

10. Then I scrub the toilet with toilet brush and wipe with a dedicated sponge.

11. Before I start the floor, I shine all fixtures, mirrors, shower doors, etc. I do generally wipe down on all surfaces one last time. Change cleaning cloth regularly.

12. Floor time, on my hands and knees, I work my way out of the bathroom, I never use a mop in bathrooms as they do not allow me to perform detail. Using a scrub brush and sponge, I scrub and wipe the floor as I go. I scrub grout lines with special attention to the toilet area (#boys), I wipe baseboards, floor vents as well, on my way out. Once I get to the bathroom door, I set my mop bucket on the floor mat and clean the last bit of flooring, wiping the threshold.

13. I restock the bathroom with content, towels, refill soap dispenser, toilet paper, etc.

14. Now the bathroom is clean and no one can use it for 30 mins because I just cleaned it and I want it to stay clean for a little bit :)

Step Four: Enjoy your Beautiful Bathroom. Cheers!

This cleaning process can be tedious. I am sharing to provide a framework for homeowners who can adapt to suit their own needs and goals. People often ask me what cleaning products work the best and my answer is the same, whichever you will use regularly. There are very few things better than a clean home.

Visit us online at thinkSCfirst.com and follow us on Facebook, Instagram, and LinkedIn.